

## TRANEXAMIC ACID 5% MOUTHWASH

This letter has been written to provide you with information on how to use tranexamic acid mouthwash after dental or oral surgery.

### WHY USE TRANEXAMIC ACID MOUTHWASH?

- The treatment is to prevent bleeding after oral/dental surgery in patients who are taking anticoagulants. It is an effective alternative to reducing patients' anticoagulants before surgery, then increasing them afterwards.
- This treatment allows you to keep taking your normal dose of anticoagulant. Any bleeding in the mouth is controlled by tranexamic acid working directly on the bleeding area.
- It is very important that you follow these instructions and don't miss any doses.
- Use the mouthwash **4 times** a day starting on the day of dental/oral surgery. Use the first dose 5-10 minutes before the extraction.
- Rinse your mouth with 5ml for **2 minutes** each time. Try not to swallow any of the mouthwash.
- After you have used the mouthwash do not eat or drink for **1 hour**. For 24 hours after your dental/oral surgery, take a soft diet only.
- Try to space the use of the mouthwash out throughout the day, (every 6 hours is ideal). If you miss a dose, use it as soon as you remember. If you don't remember until your next does, just use one dose (5ml). There is no need to use twice as much.
- **If your wound starts to bleed, press on it with gauze. If it does not STOP bleeding after 20 minutes, contact the dentist/hospital where you had the surgery.**
- Continue to use the mouthwash for 5 days after dental/oral surgery.
- If your wound is still bleeding after 5 days or you have any further questions, please contact the dentist/hospital where you had the surgery.
- Please show this to your doctor or pharmacist if necessary.